



Skills for Work

Free program for people with disability

This 8 week program will give you the skills and confidence needed to feel job ready to make your next move. Delivered in a welcoming and supportive environment, our experienced staff will help you align your skills and strengths to find a job that's right for you.

- **Weeks 1-2:** Motivation and goal-setting to overcome barriers to employment
 - **Weeks 3-4:** Personality types and body language
 - **Weeks 5-6:** Career planning – understanding self, making decisions and taking action
 - **Weeks 7-8:** Developing a resume, interview preparation and understanding what an employer is looking for
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Duration: 4 x 2 hour sessions held fortnightly over 8 weeks.
Program runs to a rolling schedule so join any time.

Location: MatchWorks Rocklea, Level 1, Wesley Mission Building,
6 Pegg Road, Rocklea QLD

To book: Contact Christine Stevenson on 1300 13 23 63 or
0472 860 605